



MENTAL HEALTH RESOURCES

Julia Lee Performing Arts Academy

HELPLine - 24 Hour Crisis/Suicide Intervention

The HELP line is a free, confidential Crisis/Suicide Intervention service. Operated by trained volunteers, the line is open 24-hours a day, seven days a week.

Phone: (951) 686-HELP (4357)

Lake Elsinore Children's Mental Health Clinic

Children's Mental Health Clinics provide services to children with severe emotional and behavioral problems.

31946 Mission Trail, Suite B Lake Elsinore, CA 92530

Phone: (951) 245-7663

Fax: (951) 674-6431

Central Access Team (C.A.T.) Riverside County

24 Hour Hotline that provides Mental Health Services.

(800) 706-7500

https://riverside.networkofcare.org/aging/services/agency.aspx?pid=RIVERSIDECOUNTYCENTRALACCESSTEAM_38_1_0

24/7 MENTAL HEALTH URGENT CARE

The Mental Health Urgent Care provides individualized support for adults experiencing mental health challenges.

9990 County Farm Road, Suite 6

Riverside, CA 92503

951-509-2499

[https://www.rcdmh.org/Portals/0/PDF/Dual%20Programs%20RI%20Crisis%20RCSU%20\(3\).pdf?ver=2018-06-19-072756-177](https://www.rcdmh.org/Portals/0/PDF/Dual%20Programs%20RI%20Crisis%20RCSU%20(3).pdf?ver=2018-06-19-072756-177)