

# MAY SNACK



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Goldfish Cheddar
4	5	6	7	8
Giant Cinnamon Grahams				
11	12	13	14	15
Wheat Crackers				
18	19	20	21	22
Goldfish Cheddar	Nacho Poptillas	Honey Graham Crackers	Ranch Crackers	Goldfish Pretzels
25	26	27	28	29
		Goldfish Pretzels	Nacho Poptillas	Goldfish Cheddar

### Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable  
 Fruit Rotation: 100% Fruit Juice 6 oz, Apple (3/4 Cup), Orange (3/4 Cup), Pear (3/4 Cup)  
 \*All fruits meet 3/4 cup equivalent  
 \*All Grains Are Whole Grain Rich

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